

## **WINTER SEASON ESAR EQUIPMENT LIST**

**Items to be in 48 hour pack or on your person:**

### **CLOTHING (NO COTTON):**

- Boots
- Rain Coat (with hood)
- Rain Pants
- Winter Hat
- (2) Soft shell, Fleece or Wool Pants  
(1 stored in Ziploc in pack)
- (2) Soft shell, Fleece or Wool Shirts  
(1 stored in Ziploc in pack)
- Wool Socks (2 pair)
- Long Underwear  
(Top & Bottom)
- Coat and/or Wool Sweater
- Winter Gloves (several pairs)

#### **NOTE:**

- All clothing should be in plastic bags.

### **FOOD & COOKING GEAR:**

- 6 Hot Meals  
(2 breakfast, 4 lunch/dinner)
- Snack Food
- 2 Quart Water Bottles
- Water Purifier Tablets (or  
filter/purifier/Steri-pen)
- Stove
- Extra Fuel
- Cooking/Eating Kit
- Utensils (Fork/Spoon)
- Matches

### **GEAR:**

- Back Pack
- Sleeping Bag (with stuff sack)
- Sleeping Pad (full length)
- 50' of 1/4" Rope
- Shelter (10'x12' Tarp)
- Ground Tarp (5' x 7')
- Tent Pegs (8 each)
- Knife (folding type)
- Headlamp (100 lumens)
- Flashlight (120 lumens)
- Extra Batteries
- Compass
- UMS Ruler
- Notebook
- Ball Point Pen or Sharpie
- Whistle
- Grid Tape
- Eye Protection
- Toilet Paper (2 small rolls in zip lock bag)
- First Aid Kit
- Fire Starters
- 2 Garbage Bags
- Leather Gloves
- Gaiters
- Pack Cover
- Small plastic sanitation trowel
- Hand warmers (optional)

### **OPTIONAL (if in market for a GPS):**

- Garmin 64S or 64ST  
(comparable to PCESAR GPS units)

## **SUMMER SEASON ESAR EQUIPMENT LIST**

**Items to be in 48 hour pack or on your person:**

### **CLOTHING:**

- Boots
- Rain Coat (with hood)
- Rain Pants
- Jacket or fleece shirt
- Lt. Shirt (polypro or supplex)
- Nylon or Fleece Pants
- Soft shell or Fleece Pants
- Soft shell or Fleece Shirt
- Wool Socks (2 pair)
- Wool Gloves

### **FOOD & COOKING GEAR:**

- 6 Hot Meals  
(2 breakfast, 4 lunch/dinner)
- Snack Food
- 2 Quart Water Bottles
- Water Purifier Tablets  
(or filter/purifier)
- Stove
- Extra Fuel
- Cooking/Eating Kit
- Utensils (Fork/Spoon)
- Matches

### **OPTIONAL (if in market for a GPS):**

- Garmin 64S or 64ST  
(comparable to PCESAR GPS units)

### **GEAR:**

- Back Pack
- Sleeping Bag (with stuff sack)
- Sleeping Pad (full length)
- 50' of ¼" Rope
- Shelter (9'x12' Tarp)
- Ground Tarp (5' x 7')
- Tent Pegs (8 each)
- Knife (folding type)
- Headlamp (100 lumens)
- Flashlight (120 lumens)
- Extra Batteries
- Compass
- UMS Ruler
- Notebook
- Ball Point Pen or Sharpie
- Whistle
- Grid Tape
- Eye Protection
- Toilet Paper (2 small rolls in zip lock bag)
- First Aid Kit
- Fire Starters
- 2 Garbage Bags
- Leather Gloves
- Gaiters
- Small plastic sanitation trowel